

ROUND THE TABLE QUESTIONS TO ASK AT LIFE GROUP

FUN

1. What's the weirdest thing you've ever eaten on purpose?
2. If you had to wear one outfit for the rest of your life, what would it be—and why is it probably pyjamas?
3. If you could instantly become an expert in anything, what would it be and why?
4. What's your go-to comfort food, and does it come with a story?
5. What's your zombie apocalypse survival strategy—and does it involve snacks?
6. What's one thing you've tried that you'll never do again?
7. If you had to sing karaoke right now, what song would you choose (and would you nail it or butcher it)?
8. What's your most useless superpower? (e.g., always knowing when toast is ready)
9. If you had a personal theme song that played every time you entered a room, what would it be?
10. Would you rather have hiccups every time you speak or sneeze every time someone says your name?

GETTING TO KNOW YOU

1. When you were little how did your family warm the house? Who was someone who bought warmth into your house and why?
2. What's a small thing that always makes you smile?
3. What's the most unusual or unexpected job you've ever had?
4. What's your favourite way to spend a lazy Saturday?
5. What's your favourite way to waste time?
6. If you could have any animal as a pet, what animal would you choose?
7. What's your favourite season? Why?
8. Where is the worst place you have been stuck for a long time?
9. What is one of the best days of your life?
10. What is one funny embarrassing story you have growing up?

KNOWING YOU MORE

1. How do you relieve stress?
2. What activities or environments spark the most joy for you?
3. What is a place that holds significant meaning for you, and why is it so special?
4. What book, other than the Bible, do you think every person needs to read?
5. If you could research one topic for your full-time job, what would you choose?
6. Which person from the Gospels do you most relate to, and why?

7. What is the quality you value most in a friend?
8. What is an adventure on your bucket list you hope to experience one day?
9. What was the last moment that caused you to experience awe or wonder?
10. What emotion have you felt the most this week, and why?
11. What is one small way you contributed to someone else's happiness or well-being recently?
12. What is a piece of art (painting, architecture, sculpture, film, etc.) that resonates with you, and why?
13. What conditions seem to bring out your best self? How about your worst self?
14. What story from the Gospels do you find most moving?

GOING BELOW THE SURFACE

1. What are you currently learning about yourself?
2. What is one pattern from your family of origin you hope to carry forward, and what is one you hope to leave behind?
3. What was the last encouragement someone shared with you that had a meaningful impact on you?
4. When you pass away, what is one thing you hope your loved ones say about you?
5. What is a difficult experience you went through that you initially resented but now feel grateful for?
6. What teaching of Jesus do you find hardest to live out or understand?
7. Where are you in your family's birth order, and how do you think that shaped you as a person?
8. How have you experienced the power of forgiveness, whether by offering it or receiving it yourself?
9. What is something you want to let go of this year?
10. What attribute or posture of Jesus do you most desire to embody?
11. What might you regret in the next ten years if your life continues as it is, and what can you do about it now?
12. What is one longing you have that you are waiting to see fulfilled?
13. If your week were a candle, is the flame burning bright, low, or somewhere in between? Why?
14. What is a lie you are struggling not to believe?
15. What is your favourite moment you experienced with your child (or that you remember experiencing with your parents)?
16. What do you like most about yourself?
17. What places or practices foster the deepest sense of rest for your soul these days?
18. In what area of your life is God inviting you into deeper sacrifice and selflessness?

19. What are you currently avoiding in your life — a person, a decision, a problem — and why?
20. What is a word, phrase, or metaphor from Scripture that is guiding you through this season of your life?